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**WEDDING BELLS
RINGING FOR REESE
NUPTIALS PLANNED
FOR RANCH** {page 19}

**EAT LIKE THE IRISH
LAMB, POTATO STEW
FOR THE SLOW
COOKER** {page 29}



**BRADLEY
COOPER
ON HOW FAR
HE CAN GO**

{page 18}



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Thursday, March 17, 2011
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News worth sharing.

Ace. In the hold



► Metro Hutschal has been enjoying the weather this week, taking his dogs for early spring outings through downtown Edmonton on his motorized scooter. He has two pups that wear shades, sweaters and hats — Mr. Ace, pictured, and Mr. Molson.

HEATHER MCINTYRE/METRO

Fine weather for cap and feather

Council wants better snow job

Defeats mayor's wish to delay
equipment purchase {page 3}

Taking a swipe at wipes

Wet tissue may work as well as
disinfectant wipe: Study {page 6}

Film script talks of killing

► 'This is the story of my progression into becoming a
serial killer,' wrote filmmaker ► Victim's remains
dumped in sewer near home of accused's parents: Police

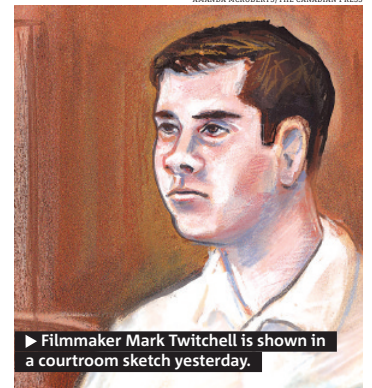
Filmmaker Mark Twitchell lured, killed and dismembered a stranger just like in one of his movies, then described in graphic detail in what he termed the diary of a serial killer, a Crown lawyer alleged yesterday.

"Mark Twitchell's plan was quite simply and shockingly to gain the experience of killing another human being," prosecutor Lawrence Van Dyke told jurors in his opening address before a packed gallery in Court of Queen's Bench.

The challenge, said Van Dyke, will be to sort fact from fiction in the case of a man who played in the fantasy world of film, killed in the real world and then wrote a story that the Crown alleges was tantamount to a confession.

Earlier yesterday, Twitchell, 31, pleaded not guilty to first-degree murder but offered to admit to interfering with a dead body. The Crown refused to accept the plea bargain and the trial continued.

THE CANADIAN PRESS



AMANDA MCROBERTS/THE CANADIAN PRESS

► Filmmaker Mark Twitchell is shown in
a courtroom sketch yesterday.

**"This story is based on true
events."**

FILMMAKER MARK TWITCHELL, IN THE OPENING
PORTION OF A 30-PAGE DOCUMENT FOUND ON HIS
LAPTOP AFTER HE WAS ARRESTED IN THE FALL OF 2008
FOR THE MURDER OF JOHNNY ALTINGER, 38.



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Mar joins race to lead Tories

Gary Mar has tossed his hat into the Tory leadership race, bringing the number of contenders to five.

The former cabinet minister of health, education, environment and community development announced his intentions yesterday.

He resigned Monday from his post as envoy to Washington, D.C., which allowed him to promote the oilsands and Alberta.

"I've been a champion for Alberta for the last three years and I want to continue to do so in the future," said Mar.

The lawyer from Calgary joins Ted Morton, Doug Horner, Doug Griffiths and Alison Redford as candidates for the Progressive Conservative leadership.

The party will vote next fall on its replacement for Premier Ed Stelmach.

● METRO

Emma, Liam top baby name picks

Jane Austen would approve of Alberta's most popular baby names, with Emma nabbing the top spot for girls in 2010, edging out 2009 favourite Olivia.

As for boys' names, Liam beat out Ethan, the nine-year favourite.

Isabella and Ava were in the top three for girls again, as was Logan for boys.

The province saw 1.8 per cent fewer babies born last year, according to Vital Statistics, with 26,508 boys and 24,508 girls.

Other popular picks included Biblical names such as Noah, Eve and Eden, while mythology and film also figured in with Pandora, Precious and Zeus.

● METRO



► The City of Edmonton will spend \$8.4 million on more snow-removal equipment, which will be ordered by the end of the month.

City moves to beef up snow removal

► \$8.4M worth of equipment to be ordered ► Independent external peer review panel will examine new snow policy and make recommendations



HEATHER MCINTYRE
@METRONEWS.CA

Act now, not later.

That was the message from city council yesterday, as Mayor Stephen Mandel's wish to delay purchasing new equipment for snow removal was defeated.

"If we don't do this now, we're a year away from being able to deal with what we had this year," said Coun. Ben Henderson.

City staff proposed a new policy, noting that 20

Costs

- Contracting out snow jobs isn't cheaper, according to a city report. In fact, hiring contractors costs \$185 per hour while city staff cost \$75 per hour.
- The snow-removal budget for 2011 is \$42.8 million.

plow and sander units, two loaders, and five snowblower attachments are necessary for improved service, which includes blading residential streets within five days of a storm.

Transportation operations manager Brice Stephenson said usually about \$20 million has been spent by this time, but so far the city has spent \$35 million on winter road maintenance.

- The city received a whopping 60 centimetres of snow in January alone.

They also said if the equipment isn't ordered prior to the end of March, it won't be in place by next winter.

Mandel's amendment to consider contracting out

more snow jobs was defeated 9-4.

"I would rather take a hit on the budget than look stupid and getting caught with our pants down again," said Coun. Ed Gibbons.

The equipment will be put to use in the summer as well with the neighbourhood renewal program.

The policy also includes parking bans along bus routes from November and March, and an overnight ban on residential street parking in the event of a serious snowfall.

1

news


Hard hurrying of curling promotes women's health: Study.
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▶ Clifton Purvis, executive director of ASIRT, addressed the media yesterday.

Armed man killed in Fort Mac

- ▶ Man shot in hallway of MacDonald Avenue apartment building
- ▶ Mountie was wounded ▶ Officer did not fire fatal shot: ASIRT



HEATHER MCINTYRE
@METRONEWS.CA

One man is dead and a Mountie is in hospital following a shooting in Fort McMurray early yesterday

morning.

Three officers responded to a gun complaint at about 3:30 a.m.

"They were aware that there was at least potential (for gunfire) in relation to

this dispatch," said Clifton Purvis, executive director of the Alberta Serious Incident Response Team (ASIRT). It is unclear who fired first and how many shots were fired. The female officer was

shot in the abdomen, and yesterday was in hospital in stable condition. She has been serving with the RCMP for 10 months.

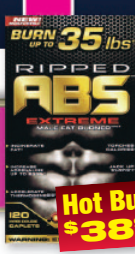
All firearms have been seized for the investigation.

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Teen faces charges in home attack

5 The total number of charges that have been laid against the 16-year-old.

Police are investigating a violent attack at a north-end group home that left a 51-year-old worker "severely beaten" early yesterday.

Officers responded around 12:46 a.m. after reports a suspect had gained entry to the home and assaulted the female worker, said Patricia Thenu, spokesperson for EPS.

The woman was taken from her place of work near 86 Street and 122 Av-

enue in critical condition.

The employee, who also had a small quantity of cash taken from her purse, remained in serious but stable condition in hospital yesterday.

None of the other people in the home at the time were harmed in the attack, Thenu said.

A 16-year-old male has been charged with aggravated assault, break and enter, disguise with intent and robbery.

● SHELLEY WILLIAMSON

Public asked to weigh in on arena

Arena opinion

▶ Call Voice your opinion on the arena by calling 311 or respond at edmonton.ca

After much discussion at city hall on a new arena for the Oilers, the public is getting a say.

Coun. Kerry Diotte first encouraged public opinion via Facebook last week.

"It seems there are a fair chunk of people who want to get the deal done if the city gets a better deal," reflected Diotte on his poll of 895 respondents, calling it "a good sampling from all wards and parts of the city."

The majority (44.6 per cent) supported the proposed deal, with \$250 million from a revitalization levy and tick-

et tax, \$100 million from the Katz Group, and another \$100 million needed according to early projected costs.

More than half of respondents said the Katz Group should pay anything above \$450 million, while nearly 60 per cent said the city should share in arena revenue.

Diotte also challenged Twitter users to sound off earlier this week.

The city may do a formal poll, he said, noting plebiscites have been held on building sports arenas before.

● SHELLEY WILLIAMSON

'Breakdown' cited in alleged kidnapping

The RCMP says a "breakdown in communication" allowed a convicted sex offender to drive away from a traffic stop with a young girl during an alleged kidnapping on Feb. 24. Police allege Francis Dionne abducted

a 10-year-old girl from Calgary's Deerfoot Mall, but was initially pulled over for speeding.

When the officer, a veteran of more than 25 years, radioed in to dispatch with Dionne's details he did not hear the caution code advising that the sex offender was of "special interest to police," said Insp. James Stiles.

● JEREMY NOLAIS

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RCMP INVESTIGATION

PM calls for probe into former aide's activities

A longtime senior aide to Prime Minister Stephen Harper is now being investigated by the Mounties and federal ethics watchdogs, the latest in a string of controversies that could be the last nail in the coffin of the shaky minority Parliament.

The allegations involve former policy adviser Bruce Carson, who worked directly alongside Harper from his time in opposition

until he was appointed to a plum post heading a federally funded think-tank less than two years ago.

Harper's office called in the RCMP yesterday after learning of allegations connected to a news investigation by the Aboriginal Peoples Television Network.

The network reported on its website that it had learned Carson was allegedly lobbying Indian and Northern Affairs Canada and the minister's office on behalf of an Ottawa-based water company. They were allegedly trying to sell water filtration systems to reserves with water quality problems.

THE CANADIAN PRESS

Just how clean is it?



► Medical student Andrea Berendt, pictured here in the lab, created the protocol and conducted the experiments.

► New study shows how many swipes are needed to rid plastic objects, like cellphones, of bacteria

Researchers from the University of Alberta's Faculty of Medicine and Dentistry have discovered that physical removal is the key to reducing surface bacteria on plastic.

"What we found was after one swipe the disinfecting wipes were very effective," said Dr. Sarah Forgie, associate professor in pediatrics.

"But after three or more swipes there was no difference if you used a tissue that was moistened with

salt water, or if you used one of the disinfecting wipes."

The study, published online in PubMed, found that swiping the contaminated surface three times decreased the bacteria present by an average of 88 per cent, compared to only swiping the surface once.

Forgie said the next step involves testing how well wipes moistened with water remove bacteria, as well as testing "real-life objects."

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Quit the danger zone

- Growing number of countries tell their citizens to leave Japan
- Death toll to hit 10,000: Officials

Australia and Germany advised their citizens in Japan yesterday to consider leaving Tokyo and earthquake-hit areas, joining a growing number of governments and businesses telling their people to go.

Meanwhile, surging radiation at Japan's Fukushima Dai-ichi nuclear plant forced Japan to order workers to temporarily withdraw from the plant. They were ordered back last night.

Millions of people struggled for a fifth day with little food, water or heat. Police say more than 452,000 people are staying in shelters.

More than 4,300 people are officially listed as dead, but officials believe the toll will climb over 10,000.

THE ASSOCIATED PRESS

Canada watches

Canada's Foreign Affairs Department says there is no change in its position regarding Canadians in Japan.

- Canada has already issued an advisory against non-essential travel to Japan.
- No evacuation is being planned at present, Canada says. Canadians wishing to leave Japan can do so by commercial means.
- Cirque du Soleil has decided to move its performers and staff working in Japan to Macau, a spokesperson says. Its show ZED has been based at Tokyo Disneyland and the touring KOOZA show was performing at the Fuji Dome in Tokyo.



► Raging tsunami torrents left ships piled up with houses and other debris in this photo taken yesterday in Kesennuma in Japan's Miyagi Prefecture.

World Vision

Japan devastated by quake and tsunami



AP Photo/Kyodo News

World Vision needs your help to provide immediate humanitarian relief to the children and families of Japan.

On Friday, north-eastern Japan was struck by a 9.0 magnitude earthquake – one of the most powerful earthquakes in recorded history – triggering a powerful tsunami. Thousands have lost their lives and entire towns have been washed away.

Children urgently need your help.

More than 400,000 children and families have been displaced. Children are spending bitterly cold nights in the open without food or water.

World Vision is there.

At this moment, our staff is on the ground, working to ensure that relief gets to those who need it most. Additional disaster response experts are on their way to assist in assessing and responding to the most urgent needs.

Please act now to protect lives!

To rush emergency supplies to the children and families of Japan who desperately need help now, call **1 800 654-2650** or donate now at **worldvision.ca**.

World Vision is a Christian relief, development, and advocacy organization dedicated to working with children, families, and communities to overcome poverty and injustice. As followers of Jesus, we are motivated by God's love to serve all people regardless of race, religion, gender, or ethnicity.

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Bahrain in a chokehold

► Soldiers, riot police impose a 12-hour curfew and ban all movement nationwide ► Hospital doctors stopped from leaving or treating wounded

Soldiers and riot police in Bahrain overran a protesters' camp, imposed a 12-hour curfew and choked off movement nationwide yesterday.

Witnesses described helicopters firing on homes in a hunt for Shiites and attacking doctors treating the wounded.

The government called demonstrators "outlaws" for demanding an end to the monarchy.

The nation that once led the Middle East in entrepreneurial openness went into lockdown, its government propped up by troops from Sunni Gulf neighbours fearful for their own rule and the spread of Iran's Shiite influ-

"There are many people injured, but we can't bring them to the hospital because of the travel restrictions and doctors can't come to us."

ALI MARSOUK, A RESIDENT OF THE SHIITE VILLAGE OF SITRA WHO SAID HELICOPTERS FIRED ON HOMES IN A THREE-HOUR ATTACK

ence. The violence left at least five people dead.

The unrest that began last month increasingly looks like a sectarian showdown. The country's Sunni leaders are desperate to hold power, and majority Shiites want more rights and an end to the monarchy.

U.S. President Barack Obama called King Abdullah of Saudi Arabia and King Hamad bin Isa Al Khalifa of Bahrain to ex-

press deep concern over the violence.

White House spokesperson Jay Carney said Obama stressed the need for "maximum restraint."

U.S. Secretary of State Hillary Rodham Clinton said the introduction of Gulf forces was "the wrong track."

Doctors at the country's main hospital said their facility was taken over by security forces, blocking physicians from either

leaving or treating the wounded on site.

There have been moments of open anger. As overwhelmed teams treated the injured, many broke out in calls to topple the monarchy.

"We are under siege," said Nihad el-Shirawi, an intensive care doctor who said she had been working for 48 hours. "We cannot leave, and those on-call cannot come in."

Britain will send charter planes to help its citizens leave Bahrain as soon as possible, officials said. Britons were told to remain at home last night and make their way to the airport today.

THE ASSOCIATED PRESS



► Tires burn near a shopping mall in Malkiya, Bahrain, yesterday as Shiite youths brace for the anticipated arrival of government forces.

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HASAN JAWALI/THE ASSOCIATED PRESS

Gadhafi's troops set to push rebels out of key city

Libyan rebels battled to hold a strategic eastern city against a punishing offensive by forces loyal to Moammar Gadhafi yesterday, voicing anger and frustration at the West for not coming to their aid.

Charred vehicles, bullet-riddled pickup trucks and an overturned tank littered the desert near the entrance to the key eastern city of Ajdabiya.

Government troops were bringing in a stream of truckloads of ammunition, rockets and supplies.

Meanwhile, the latest international effort to impose a no-fly zone over Libya stumbled along.

Supporters in the UN Security Council were trying to push through a resolution along with other measures aimed at preventing Gadhafi from bombing his people.

THE ASSOCIATED PRESS



WHAT ARE YOUR TOP 10 THINGS TO DO IN THE DARK?

Take the Metro Life Panel survey March 18!

With Earth Hour coming up, the Metro Life Panel team wants to know what are YOUR Top 10 things to do in the dark!

Results will be published in the Earth Hour Special Feature in Metro on March 25.

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Apple kid-proofs apps

► Parents dinged hundreds of dollars for wagonloads of Smurfberries

Apple Inc. has changed how purchases inside iPhone and iPad games are authorized after customers complained that their children were racking up hundreds of dollars in charges.

The issue was that after a user entered his or her

iTunes password on a device, the device didn't prompt for the password again for 15 minutes. Any purchases went through without a new password prompt. This meant that parents who handed over their iPhones or iPads to

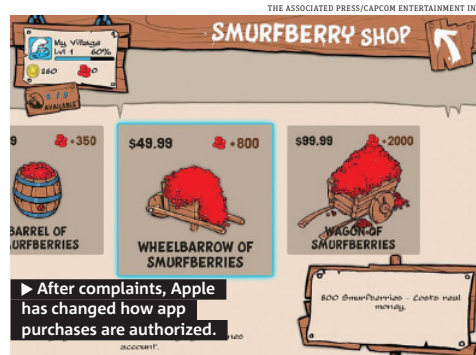
their children were sometimes shocked by large bills for Smurfberries and other virtual bling.

After complaints from parents, the U.S. Federal Trade Commission looked into the issue. With the iOS 4.3 software update, Apple

devices have one 15-minute password-free timer for the App Store and iTunes, and a separate one for in-app purchases.

The parents who complained got refunds for the inadvertent purchases.

THE ASSOCIATED PRESS



Xoom enters tablet war

Motorola Mobility Inc. will launch a Wi-Fi-only version of its Xoom tablet computer in the U.S. for \$599. The Xoom is a prominent competitor to Apple Inc.'s iPad, but manufacturers trying to take on the iPad have had a hard time matching its price.

The Wi-Fi-only iPad 2 with 32 gigabytes of flash memory, the same amount as the Xoom, also costs \$599 U.S.

Both tablets have fast dual-core processors and two cameras. But the Motorola Mobility tablet runs Google Inc.'s Android software, while the iPad runs a version of the iPhone's software.

The Xoom goes on sale March 27. There's no word yet of a Canadian release date.

THE ASSOCIATED PRESS

COMING UP ROSES

Steadfast growth ahead: TD

The Canadian economy will overcome any effects from the crisis in Japan and expand faster than was expected a few months ago, TD Bank predicts.

The bank's new forecast has the economy growing strongly in the first half of this year and slowing in the latter half. For the year, TD expects the economy will expand by three per cent, half a point more than its previous estimate and 0.6 percentage points higher

than the Bank of Canada's projection. The growth will be most prominent in Newfoundland and the Prairies, but even Ontario's manufacturing-based economy will rise by 2.9 per cent, TD says.

Statistics Canada said yesterday that Canada's still depressed manufacturing sector had a banner January, with activity picking up by 5.5 per cent in volume terms.

TD's sunnier outlook stems from the strong 3.3 per cent growth in the fourth quarter, a more optimistic outlook for Canada's biggest trading partner — the United States — and higher demand for commodities.

THE CANADIAN PRESS

Market moment

TSX	Dollar	Oil	Natural gas
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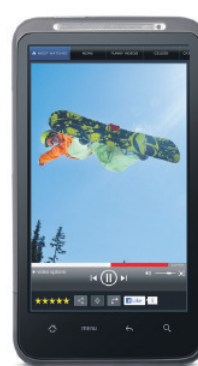
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ACHING FOR SUMMER'S FIRST SWEET KISS

He says ...

JOHN MAZEROLLE



For a country that's in one hemisphere, Canada sure seems bipolar sometimes.

We're the only country in the world proud to be humble. We puff out our chests at our democratic values but sulk like children when it's time to vote. And here's the big contradiction this time of year: We embrace the myth of the lone and rugged, snow-loving Canadian outdoorsman, while we actually ache for the sweet kiss of summer.

If our schoolbooks and Roll Up The Rim commercials are to be believed, then we should be out in the wilderness right now, starting fires by knocking caribou antlers together and portaging

our pemmican with the other voyageurs. In truth, the only survivor skills most know is that if you're stuck in a blizzard you should use your lightsaber to cut open your Tauntaun.

We spend the whole winter in shopping malls. We curse every snowfall except the first one and, if we're feeling the spirit, a light dusting before Christmas.

We can't handle winter and, in fact, act each year like we've never seen it before, rushing headlong into car accidents, heart attacks and that hilarious fall where you do a Russian kick dance before you hit the ground. If you do it right, your briefcase opens and the pages of your

annual report go everywhere.

This seasonal amnesia sounds like classic denial to me — perhaps brought on by Post-Traumatic Snow Disorder.

And now comes spring, but not soon enough. Weather patterns differ across the country — Vancouverites will be laughing so hard at Halifax by mid-April that foamed milk will come out their nose — but

right now everybody is in the same boat: The temperature dances about in the single digits and everybody stares mournfully at the sky.

The street is filled with season-pushers, dressed in skirts and light jackets, hoping that if we all dress like it's warm we might ac-

tually fool Mother Nature.

We like to criticize young people because, once it's 5 C, we can find guys outside bars wearing little more than cologne, alongside women in short skirts, whose length of exposed leg provides a quick measurement on The Likelihood Of Bad Life Decisions.

But in truth we're all in the same boat, dressed suggestively for Mother Nature and hoping she might give us a little somethin' somethin' to remember her by.

When it finally warms up, we can then, and only then, embrace our outdoorsman image. Unless there are insects. Then we'll be inside.

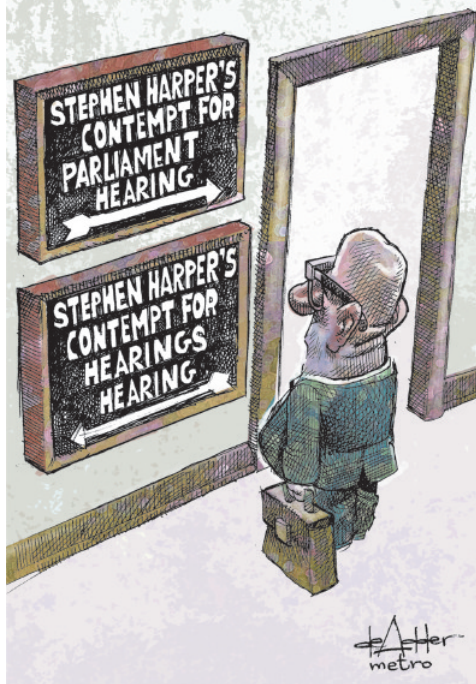
"This seasonal amnesia sounds like classic denial to me ..."



Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER



2011: A Space Odyssey

Worth mentioning

The first humanoid robot ever launched into space is finally free.

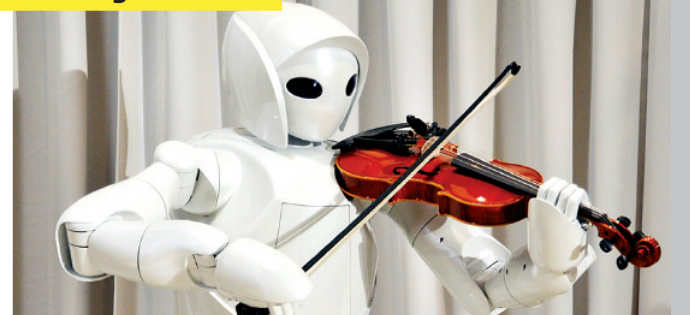
Astronauts at the International Space Station unpacked Robonaut Tuesday, 2½ weeks after its arrival via shuttle Discovery. NASA broadcast the humorous unveiling ceremony yesterday.

American Catherine Coleman and Italian Paolo Nespoli pried off the lid of the robot's packing box, as though they were opening a coffin. TV cameras showed lots of foam inside, but no robot.

"It's like unearthing a mummy," radioed a payload controller at Marshall Space Flight Center in Huntsville, Ala.

"Well, at least the mum-

No strings attached



THE ASSOCIATED PRESS FILE

my would be here," Coleman replied. "We just have an empty box where Robonaut is supposed to be."

Robonaut — also known as R2 — was spotted a minute later in front of a work station.

"I'd like to introduce you to the newest member of our crew," Coleman said.

"We're going to see

what Robonaut can do."

The payload controller asked if R2 was related to HAL, the sinister computer with artificial intelligence from the 1968 film 2001: A Space Odyssey.

"Since we found him already controlling the space station, we're sure that he is related to HAL. But we'll see," Coleman said.

THE ASSOCIATED PRESS

What did you want to be when you grew up?

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Metro Minute at sportsmen's show

The 2011 Edmonton Boat and Sportsmen's Show will run today through Sunday at the Edmonton Expo Centre. The event is expected to draw approximately 45,000 visitors to the 320 exhibitions. This year's events include a hunting and fishing simulator, kids fishing pond, Honda ATV demo area (where visitors can test drive an ATV), the 2011

Canadian Elk calling championships, retriever dog demos — and the star of the TV series Mantracker will also be making an appearance. Tickets are \$13 for adults, \$9 for seniors, \$8 for youth, and free for children six and younger (\$2 off admission with WIN card).

Visit edmontonboatandsportshow.ca for hours and details. ● METRO



► Check out the Edmonton Boat and Sportsmen's Show at the Edmonton Expo Centre.



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Scene in brief



CBC personality George Stroumboulopoulos is joining a roster of international stars using their fame to bring attention to world hunger. The late night TV host announced Tuesday that he will serve as an ambassador against hunger for the United Nations World Food Program.

THE CANADIAN PRESS



Elvis Week to feature concert with virtual Elvis; Sam Phillips movie, vigil also scheduled

The day when everyone is Irish

► St. Patrick's Day is here and Edmonton has plenty of good Irish pubs to celebrate at ► If you can't pick just one, why not go on a pub crawl?



► Get your green on. It's St. Patrick's Day!

BACKSTAGE PASS

JENNIFER LARAWAY
METRO EDMONTON



It's finally here ... St. Patrick's Day! Not only does this day have significant religious, cultural, and celebratory ties, it also marks a renewed hope that we will actually see a patio season in this city.

After months of hibernation, today is the unofficial

holiday where it's OK to get a little sloppy on a Thursday night, and if we have the luck of the Irish, we might even be able to partake in a few green beers while bar hopping without a jacket.

But before we get too ahead of ourselves, there are so many decisions to make: where to drink, how to get out of work early, and where to drink.

So, in a bit of a departure from the usual column format of profiling one venue, here's a snapshot of where you can get your green on. There's the obvious Irish

hot spots O'Byrne's Irish Pub (10616 - 82 Ave.), Ceili's Irish Pub (10338 - 109 St.), The Druid Irish Pub (11606 Jasper Ave.) and Devaney's Irish Pub (9013 - 88 Ave.). All are putting on some serious parties but you better get there early or be prepared to slip the bouncer some green queens.

Then there's the option of getting on board a last minute pub crawl. Who doesn't love a mystery bar location? If you like randomness and spontaneity, then check out clubzone.com for their St. Patty's specials. For \$25,

they'll shuttle your drunkenness around, get you into four clubs with no line, no cover and even spot a pint at your first location.

If bar hopping isn't your style, expand those beer horizons and enjoy over 50 of the finest craft beers from around the world at Santa Maria Goretti Community Centre (11050 - 90 St.). Sample tickets are only a buck and all proceeds support the Rotary Club of Edmonton Urban Spirits at-risk youth projects. Admission is \$25 and tickets are available through edmontonbeerfestival.com.

It's time to brawl ... in the mall

No it's not an episode title from *My name is Earl*; Brawl in the Mall is one of Edmonton Event Centre's most highly anticipated events and it's taking place Friday night at 7 p.m.

Now in its fourth year, this event looks to find the King of the Cage by bringing together nearly two dozen of the best mixed-martial-arts fighters in North America.

For more information, head to Facebook and look up King of the Cage Canada or get your tickets from Edmonton Event Centre (780-489-7469).

● JENNIFER LARAWAY

T-Pain is Edmonton, sans boat

He's been lighting up the music charts lately and now he's headed to Edmonton next Friday. For less than \$30, you can see T-Pain at the Edmonton Event Centre.

Not a bad deal considering this guy collaborated with a kind-of-a-big-deal artist named Kanye West and won a Grammy for the song Good Life. He did the same thing two years later, except this time he was teaming up with Jamie Foxx for the ghetto grinding song Blame It.

If you win your way in through The Bounce, you'll also be entered for a houseboat party draw that sees you and 20 of your closest friends chilling to these beats on a hot summer day in B.C. For more deets, check out thebounce.ca.

● JENNIFER LARAWAY



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Life without limits

► As in his new movie, *Limitless*, actor and hunk Bradley Cooper is discovering just how far he can go



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There have been rumors that Bradley Cooper scored five million dollars to star in the sequel to his breakout film, *The Hangover*, but you honestly wouldn't know it, given his fondness for freebies.

When we caught up with him while he was promoting his new film, *Limitless*, he was lounging on a couch in the Trump

Soho Hotel with a backpack by his feet. The logo on the bag looked familiar. We asked if it was from one of his other recent films.

"The A-Team? Yeah, I love it. It's the greatest. You wanna see it?" Cooper says, excitedly pulling it over so that we can take a look at the military grade sack with the logo from last year's summer blockbuster, in which Cooper also starred, emblazoned

on the front.

"All I wear is stuff from movies," he confesses of the free promotional items from major studio films like, well, almost every film he's been in lately.

This time Cooper is the leading man in *Limitless*, as a struggling writer who suddenly becomes a power player once he stumbles on a drug that allows him access to his brain's fullest potential.

The immediate success that the fictional drug, NZT, brings his character in the film to mirror Cooper's own fast shot to fame, though he did so without any kind of chemical aid. We had to ask: do the most famous actors and actresses become successful because they're truly the best at what they do?

"Isn't it like what Oprah said? Luck is opportunity meets preparation," Cooper says.



► Bradley Cooper is a struggling writer in *Limitless*.

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Ne-yo blames album slump on being distracted

Ne-Yo's first three albums were Grammy Award-nominated, platinum successes. His latest effort, *Libra Scale*, could still be up for a Grammy next year, but it's miles away from reaching platinum status.

Since its November release, the disc has sold only 277,000 copies, according to Nielsen SoundScan, which tracks music sales. The CD's singles — Beautiful Monster, Champagne Life and One In A Million — failed to crack the Top 40.

Ne-Yo says when recording *Libra Scale*, he focused more on the music videos instead of dedicating time to the songs.

"It's just that I didn't get

to pay as much attention to the music as I normally would because I was so focused on the story line that the album is based off of," said Ne-Yo, who co-directed the video clips with Wayne Isham. "There was so much energy put into that, that when it came time to put the music together, you know, for one there wasn't as much time and for two there wasn't as much energy."

The 31-year-old hit songwriter says he's already begun work on a new album, to be released in September.

"I'm stepping back to where it's just about the music," he said. "I'm going

to let it be just about that, and you determine your own story from there."

Ne-Yo appears in the alien invasion sci-fi film *Battle: Los Angeles*, which hit No. 1 at the box office over weekend with a \$35.6 million debut. He filmed the movie over the summer, when he also was working on *Libra Scale*.

"You know I was kind of back and forth with (both projects)," he said. "It's almost impossible to take the amount of focus to shoot a film like this and the amount of focus it takes to put an album together and do them at the same time. ... I won't say that was why the *Libra Scale* album

didn't do as well as I expected it to, but I will say it had a lot to do with me not being able to pay as much attention to the process of putting together the *Libra Scale* album."

Ne-Yo said he was mainly attracted to the role in *Battle: LA*, about a Marine platoon fighting aliens intent on colonizing Earth, because it didn't require him to use his musical talents. But that didn't come without challenges.

"The cool thing about a lot of the actors is that everybody kind of wanted to do their own stunts," said Ne-Yo, who plays Cpl. Kevin Harris in the movie.

THE ASSOCIATED PRESS



► Ne-Yo says his next album will be more focussed.

ASSOCIATED PRESS/ACHMAD IBRAHIM, FILE

Selena Gomez: Not easy dating Bieber

Selena Gomez admits that dating Justin Bieber can be difficult, thanks to his overzealous fans and their tendency to lash out online.

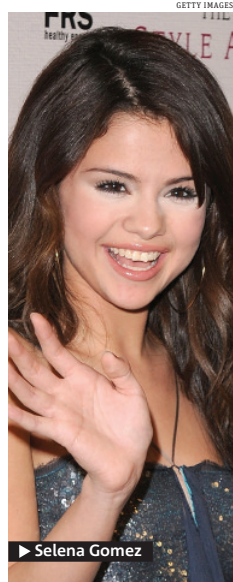
"It's hard," she says during an interview with radio station Z100 in New York.

"It does hurt my feelings a lot, but I try not to focus on it."

But at least Gomez understands where they're coming from, having been there herself.

"I will say that I agree with them sometimes," she says. "I loved Jesse McCartney. I was obsessed with him. He dated Katie Cassidy when he was 16 or 17. I hated her — absolutely hated her. I was mortified that he was with Katie and I wanted to be with him. He was my screen saver!"

● METRO



► Selena Gomez

Wedding date soon for Reese

- Plans to wed fiancé Jim Toth at her California ranch
- Ceremony is planned for next week

Reese Witherspoon is reportedly hard at work putting the finishing touches on a private wedding for herself and fiancé Jim Toth, according to Radar Online.

And it's happening soon. The secret ceremony, which will be held on her Ojai, Calif., ranch, is reportedly set for March 26.

"Candles and flowers will be everywhere, in white and pastels, for an intimate feeling," sources say of the planned event. Witherspoon and Toth will tie the knot in front of about 100 guests, sources say.

● METRO



► Reese Witherspoon

Katie Perry's mom plans to write tell-all memoir

Katy Perry's mom, Mary Hudson, is writing a tell-all book detailing how her daughter's fame has impacted her life, according to the New York Post.

"This memoir is her story, in her own words. Mary and Keith Hudson have been Christian Evangelists long before the world ever heard of Katy Perry," a source ex-

plains.

"Amid a torrent of negative reports from magazines and entertainment shows, Mary Hudson wants to tell 'her story' and dispel a lot of rumours.

"Katy's success has impacted her ministry in both negative and positive ways."

● METRO



► 015_Photo Caption Xxxx

Celebrity tweets



Elizabeth Banks
[@ElizabethBanks]

I just crossed three lanes of traffic because I spotted some girl scouts and I've been dying for Samoas. Got em!



Jessica Alba
[@jessicaalba]

heading back to the big apple 4 a quick trip. need a late night restaurant suggestion. got any?



Patton Oswalt
[@pattonoswalt]

I've asked for so many packs of Saltines from this bartender I'm amazed he hasn't called the Hobo Police.



Bob Saget
[@bobsaget]

Having lunch with my mother. She had the chicken salad. And this is the story of how I fed my mother...

● METRO



► Robert Pattinson

Pattinson stays on the move

Robert Pattinson has been raking in the dough for his work in the Twilight franchise, but he still hasn't been able to settle down. "I'm afraid of buying a house or anything because if there's one paparazzo outside for one day, then they'll never leave," he tells Vanity Fair.

"The best way to deal with it is to move around all the time." Of course, Pattinson has to deal with

stalkers as well as photographers.

"It is weird. You have to wonder — what do they want? I can't really understand it even now," he says of his more obsessed fans. "It does have an angle, which is attached to something quite primal in girls. I guess people want it to define them, like, 'I'm a Twilight fan.' That's crazy to me."

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3
life

Most bizarre



Doing the chicken dance

Coco Rocha inexplicably walked the Moschino runway with a chicken on her head.



Jimmy Choo builds its brand on the look and life of co-founder Tamara Mellon

TOP 8 LOOKS OF

Four weeks of runway shows across four fashion capitals are finally behind us



PRADA'S pretty, lady-like looks

1 Miuccia Prada's autumn collection had a '60s-flavoured, lady-like prettiness to it that made an interesting contrast to the bold, in-your-face work she showed last season (the banana print and striped skirts you're seeing all over the magazines right now). Simple dresses with large, round gold buttons segued into printed belted versions with brightly coloured grids followed by a quirkily pretty series of frocks embellished with sheer, pastel-coloured paillettes that are sure to be a retail hit.

MARC JACOBS'S trippy dots

2 Are polkadots the new stripes? The always directional Marc Jacobs took a stiff right turn away from the easy, floaty wind-machine dresses he showed last season. His new collection was about more structured looks in futuristic silhouettes with loads of circle-shaped sequins, paillettes and latex appliques. That means you can pretty much guarantee that the season's trend for shiny, shimmery looks will be fairly huge next fall.

JASON WU'S cool take on embellishments and tailoring

3 Autumn/winter 2011 is going to be all about the details, from the crystal embroidery on an otherwise modest blouse to a strip of lace running down the sleeves of a coat to the floral appliques on a simple, body-sculpting dress. Jason Wu's collection, which had all three, was one of the best examples of this trend. His clothes also fell right in line with the mannish tailoring trend, which will also be huge for fall.

ALEXANDER WANG'S tough and sporty sweater dresses

4 If last season was a shaky departure from the trademark, much loved look he calls Models Off Duty, this collection was a return to his usual too-cool-for-school form. The show had all of the Wangisms we've grown to love. His trademark tough and sporty sensibility was in full effect. But there was a more mature, sophistication to the clothes too.

FENDI'S plays on texture

5 Karl Lagerfeld's collection with its subtle sense of English countryside chic was one of the best of Milan Fashion Week. And his play on texture, mixing ribbed knits with tweed, fur and wool, can be recreated with items from your own wardrobe. Things to lust after from this collection included his shaggy patchwork coats in fox, lamb and chinchilla (some of the best furs shown all season), his trapeze shaped jackets, ribbed skirts and tights, and blouses with ruffled flourishes at the neckline — basically, everything.

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FW 2011

► We list the eight memorable looks



CHRISTOPHER KANE'S plastic dresses

6 Designers often look for new and interesting ways to experiment with textiles. Christopher Kane pushed boundaries by creating leather tops dyed and printed to mimic the crochet knit skirts and cardigans they were worn with. But the real standouts were his dresses and clutch purses made out of plastic filled with squishy technical liquid, like the toys you played with as a kid. He also used plastic as a decorative accent on tailored trousers and knit dresses.



GIVENCHY'S leggy skirts

7 Riccardo Tisci, who sits at the top of the list of designers rumored to replace John Galliano at Christian Dior, showed a seductive collection centered around the Fifties pin-up girl. But instead of taking the literal approach and showing skin-tight bustier dresses, he created leggy skirts with transparent panels that revealed a flash of thigh. It was the smart girl's version of sexy dressing. Louis Vuitton created a similar look, honing in on the balsas vixen. They looked like they had walked right out of an erotic B-movie.



CELINE'S real-life friendly furs

8 Phoebe Philo pushed her minimalist theme forward with a clever mix of texture and fabrics. The best example of this came with her trim leather jackets layered over longer fur coats. It made for a slim, sleek look that would work well in real-life. We've seen a lot of dramatic looking animal skins this month but Philo's idea seemed like one of the freshest and most realistic ways of wearing it. Because how many of the season's massive furs would work on your morning commute?

Most awkward front row sighting

Alica Keys looking unusually stiff, sitting straight as a board, beside Anna Wintour at the Alexander Wang show.

The Supers return

Marc Jacobs wins the prize for starriest catwalk with Kate Moss, Naomi Campbell, Carolyn Murphy, Carmen Kass and Karolina Kurkova all walking the runway for his Louis Vuitton show.

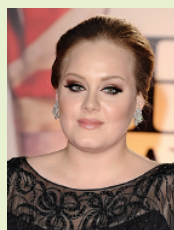
IF CLOTHES COULD SING

The music always sets the tone for the clothes. We've rounded up some of the most memorable songs we heard at the shows. Pop these in your iPod and pretend you're at the shows.

- Christopher Kane - Reviewing the Situation, by Sandie Shaw
- Michael Kors - Native New Yorker, by Odyssey
- Vivienne Westwood - Ventriiloquizing, by Fujiya, Miyagi
- Burberry Prorsum - You Don't Own Me, Dusty Springfield
- Chloé - Love Without A Limit, Mary J. Blige

Inescapable Adele

Fashion loves Adele! Her single, Rolling in the Deep, played at Cynthia Rowley, Costello Tagliapietra and Charlotte Ronson in New York. And her voice surfaced again at Burberry Prorsum in London — this time it was the song Someone Like You.



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Meet Mr. Jay, with Attitude

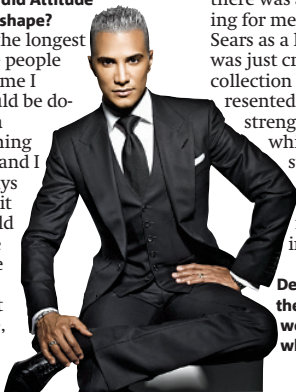
► Top Model's Jay Manuel is pairing with Sears to create his debut womenswear collection **Attitude**

► He dishes about the brand, his nerves and his bold return home to the north

ELIZABETH BEDDALL
@METRONEWS.CA

How did Attitude take shape?

For the longest time people told me I should be doing a clothing line and I always said it would have to be the right time, the



right place, the right retailer. Sears Canada came to me and it felt like the right fit. Honestly, there was a nostalgic feeling for me – shopping at Sears as a kid. For me it was just creating a first collection that represented

strength, while still being feminine.

Describe the woman who will

love your line?

Somebody who wants to look fashionable and stylish. There are those trendy pieces that you know are

just going to last one season. For the most part I wanted to create that classic style with a little bit of a different perspective on

it. **Many celebrities who lend their name to a line merely endorse it. Because you're taking on such a role in the design and fabrication of Attitude, are you nervous with LG Fashion Week on its way?**

I wasn't nervous until very recently. I had already started designing the set – I'll let you know there

are going to be some surprises at the show, some familiar faces – and of course when I cast girls I'm looking for girls with really strong walks. I was fine with the process because I've done it so many times for so many designers and for Fashion Week in New York. But then when I came here and realized we were starting this process and people are telling me, 'Oh this or this person is going to be there,' that's when the nerves hit. But I have total confidence that the pieces are great.

You've travelled across the world. What do you miss most about Canada when you're away?

My parents are still in Toronto. It's almost that feeling of family that I feel here. It's more of a supportive community. I think it's really good to have been out in the world of fashion for 19 years and doing what I do and to have been all over the world because it toughens you up.

But when you come back to a place like this where you're showing your collection, it's a place of nostalgia, as if you're a kid. When you come here it's an abrupt change and you can't help thinking This is real in a very different way.



Summerside-Community.com



Dive in.

These boots are made for clubs

► Woman's creation a safe, stylish and comfortable way of keeping your valuables – without bulging pockets

A Calgary woman who says she hates going out on the town with a purse has designed her own line of fashionable boots with interior pockets that can hold a cell, credit cards and keys.

"I lose things so I used to keep a lot of stuff stuffed in my boots. But the problem with that is if somebody gave me change it all ended up in the bottom of my foot," explains Elizabeth LeGear.

"I tried to find boots with pockets and figured they must have existed. I looked everywhere, but couldn't find anything."

So LeGear, a 26-year-old owner of an accounting

business in Calgary, set out to find if anyone had patented boots with pockets. The closest thing she says she found was a running shoe with a pocket in the tongue for a key.

Last month, she unveiled a boot she hopes will have women beating a path to her door. Or at least to the Elizabeth Anne Shoes website, which is where she's selling her Purse 'n Boots.

The boots aren't cheap – \$289. They also aren't available in stores, yet, but customers who order a pair don't have to worry if they don't fit. Elizabeth Anne Shoes will send a courier to pick them up and will re-

fund the money.

And if you're thinking that boots with pockets will look like they came from a hunting and fishing supply store, think again. They're knee-high and have heels

"A lot of girls have been keeping stuff in their boots," says LeGear. "We have jean pockets, but they're usually so tight that whatever's in there looks like a weird growth or."

LeGear says purses are a pain because she doesn't trust leaving them at the table when she gets up to dance and trying to dance while holding a drink and a purse is downright awkward. **THE CANADIAN PRESS**



► You'll have a leg up on your lady friends with these boots that stash your cell, your cards and your money.

PROVIDED

Say goodbye to 'nail pops'

► Don't blame the construction, as these things happen and they're not that hard to fix

DIY IDEAS

JIM CARUK
HOME@METRONEWS.CA



Did you buy a newly-constructed home about a year ago and are just now noticing ugly "nail pops"?

They probably weren't there when you moved in. And they are not (usually) a symptom of shoddy construction.

It's just that all newly-

built houses go through a settling process. That's when these things appear.

What to do?

You can call your builder, sure. They may come and repair those suckers for you. But they don't legally have to. Because under Ontario's New Home Warranty Program, ordinary nail pops are not covered. So do you have to hire an expensive drywall guy to fix them?

No, you can fix them yourselves. Here's how.

First, locate all your nail pops by shining a lamp at an angle to the wall. Start



► If you need some help with drywall, head to biyworkshops.com.

by screwing in a new drywall screw adjacent to the popped one.

Make sure you screw it in until it bends — but does not break — the sur-

face of the wall.

Then use a nail set or a heavy-duty nail to hammer the offending screw back below the surface. Now apply some pre-mixed dry-

wall compound with a six-inch drywall knife. Scrape it flat. Sand it with fine-grit sandpaper and repeat. On the final sanding, try to get everything as smooth as possible.

Now you're ready to paint. With luck, you asked the builder for the exact colour code of the paint. Or if you were really smart, you asked the builder, when you moved in, to leave you with a little bit of that exact paint.

If that didn't happen (it probably didn't) at least know the paint chip code.

You may not get a per-

fect match unless you repaint the whole wall, but it will still look better than that unsightly nail pop.

To get professional instruction on everything to do with drywall, sign up for our Drywall Essentials course at biyworkshops.com. We'll give you insider tips on creating a perfect, paint-ready finish for every wall you build or repair.

JIM CARUK, HGTV HOST, HAS BEEN A RENOVATION CONTRACTOR FOR MORE THAN 30 YEARS. HE IS THE FOUNDER OF BUILD IT YOURSELF LEARNING CENTERS WHICH TEACHES HOMEOWNERS HOW TO COMPLETE THEIR OWN REPAIRS AND RENOVATIONS (BIYWORKSHOPS.COM).

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Be sure to focus on the practical before the pretty

Turning your basement into a cosy home theatre or your bathroom into a mini-spa oasis is the stuff renovation dreams are made of. Replacing roofs and side panelling? Not so much.

Some homeowners may find it difficult to forgo transforming part of their dwelling into a space befitting their renovation fantasies.

But take it from Kristi Hansen, who has forged a career taking on virtually every renovation project imaginable: it's best to put cosmetic changes on the back burner rather than ignore other areas in dire need of repair.

However, given the choice, people often opt to do the opposite.

"It's patchwork-quilt renovating, and it's also desperately seeking out a zone to love because you're surrounded by this house that you're not loving," she said by phone from Vancouver.

Act quick

► Hansen said people are often terrified at the prospect of reno and repair costs, and scared to have someone come in to take a look because of concerns the quote will exceed their budget. Meanwhile, every year that ticks by, things get "exponentially worse."

► If individuals acted when the problem in question was minor, they would probably have the budget now for the "pretty stuff," she noted. But perceived costs of fixing areas in immediate need of repair often lead people to put the blinders on rather than face the facts.

Hansen has notched nearly two decades of experience under her tool belt as a tradesman, plumber, Class B gas fitter and men-

tor.

She opened her plumbing and renovation company, Vancouver-based Pretty Plumbing Co., in 2004, which she shuttered after the birth of her first son, Alastair, to focus on her family.

Now a mother of two, the 38-year-old is in the process of restarting her business.

In the meantime, she can be seen on the small screen doling out advice and sharing her know-how on *Homewreckers*, which premieres Tuesday, March 22 at 8:30 p.m. ET on W Network. During the series, which is filmed in locations throughout B.C.'s Lower Mainland, Hansen said she is troubleshooting on the spot and gets no advance notice of issues in a given home. She said homeowners are surprised by the little things she notices, such as a tiny water spot signalling a roof in need of re-

pair.

The debut episode features what can be described as a classic case of the "patchwork quilt" reno.

Candice and Guy have invested thousands of dollars — and a year of Guy's time — creating a gorgeous, state-of-the-art kitchen. But as Hansen tours the home, her inspection spots areas that are far from pretty, from mould in the bathroom to a dilapidated deck.

"Of course everyone wants the sexy things fixed and looking great — 'Yeah, look at my kitchen.' But what about the structural integrity of your home?" she said.

"What about your cracked foundation? What about the fact that your deck that had a tiny scratch in it that you've let go for so many years has now rotted out a main structural beam in your house?"

THE CANADIAN PRESS



► Kristi Hansen is sharing her reno know-how on the new W Network series *Homewreckers*.

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The right tools

Taking on a home project, like a bathroom remodel, can be exhilarating, exciting and just plain fun.

But let's be honest, it can be stressful and overwhelming too. Choosing where to start, what to change, and what tiles, faucets, accessories and everything else will look best is time consuming and difficult.

But have no fear. There are plenty of free tools out there to help you choose the right items for your home and your lifestyle.

Here are a few of the tools that will become invaluable when starting your next remodel.

Blogs

Did you know there's a whole world of home décor and design blogs out there?

They can be incredible sources of inspiration and generally feature beautiful, large photos of finished spaces, new design techniques and products and the latest and greatest of everything to do with home décor and remodeling.

Here are a few of our

favourite blogs that also happen to include before and after shots of some great bathroom renovations: younghouselove.com; centsationalgirl.com; beigeisdead.com; ramblin-grenovators.blogspot.com; aubreyandlindsay.blogspot.com.

Product websites

Who better to ask about product options than the people that created them? Many manufacturers have portions of their websites dedicated to helping you choose the product that's right for you.

When undergoing a bathroom renovation, choosing the right custom shower can be daunting. Delta Faucet has created a free online tool that walks you through the process, step by step, to ensure you are making informed, correct decisions.

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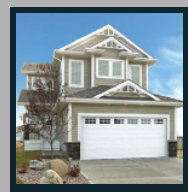
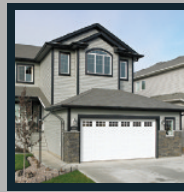
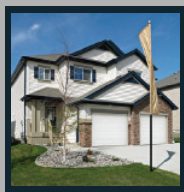

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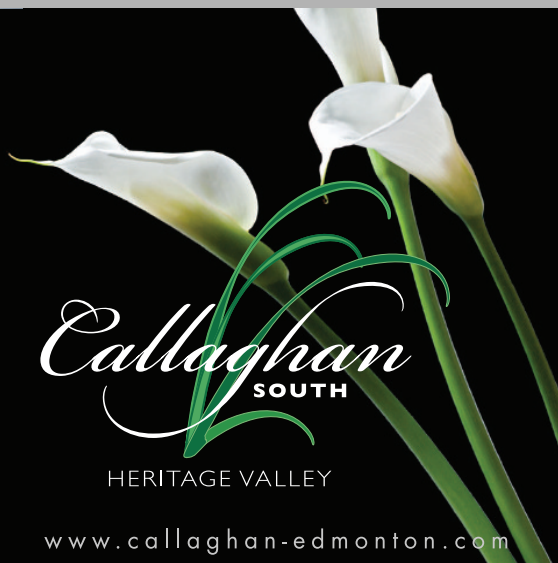
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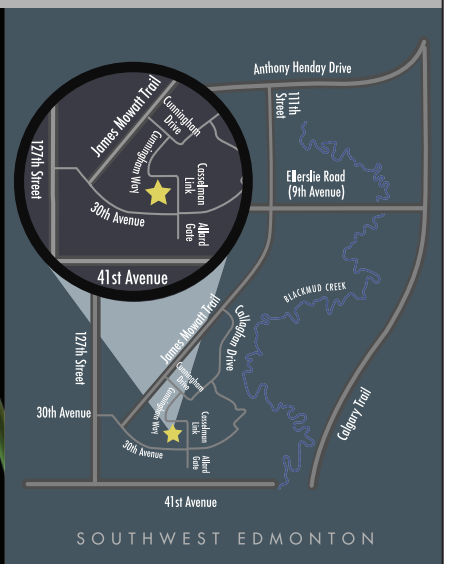
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A cleaning tool for every job

Spring is the time of year when homes often get a thorough cleaning. Using the right tools, techniques and products for different surfaces and types of dirt, from windows to counters to floors, is key to doing the job easily and effectively, said Debra Johnson, training manager for the Merry Maids housecleaning company in Memphis, Tenn.

"It makes the job easier if you have the right products," she said.

Begin with the rooms or areas that seem the dirtiest, suggested Carolyn Forte, director of the Home Appliances and Cleaning Lab at the Good Housekeeping Research Institute.

Johnson and Forte offered the following advice for effective spring cleaning.

Windows

Use an ammonia-based cleaner and microfibre cloth, Forte said. Make sure to use plenty of cleaner to remove the dirt. Change the water and

"Start with the thing that bothers you most."

DEBRA JOHNSON, MANAGER AT MERRY MAIDS

cloth as necessary. Avoid washing windows on sunny days because the cleaner will dry too quickly and leave streaks.

Window blinds

Close plastic blinds and wipe with a damp cloth, Johnson said. Reverse the slats and clean the other side of the blinds with a clean, damp cloth. Use a tool designed for blind cleaning to clean between the slats. For cloth blinds, use a vacuum attachment.

Wood floors

Wash floors with a cleaner designed for wood surfaces, Forte said. Choose the cleaner that's appropriate for the finish on the floor, either wax or polyurethane. She favours using a microfibre cloth



► You won't leave streaks with the right cloth.

on a mop with a swivel head.

Laminate floors

Since laminate is a very durable surface, it can be cleaned with a variety of cleaning products, hot water and a mop or microfibre cloth, Johnson said.

Rugs

Send area rugs that cannot go in a washing machine to a professional cleaner to avoid discolouring or dam-

aging them, recommended Johnson. Set smaller rugs outside for a good airing, she added. When vacuuming a rug located in a doorway or other high-traffic area, turn the rug over and run the sweeper on the underside of the rug, Forte said.

Dust

Work from the top down to avoid dirtying areas that were just cleaned, Johnson said.

Use a vacuum attachment to remove cobwebs and dust in corners. The vacuum also is a good way to remove dust from lampshades and upholstered surfaces.

Wipe furniture with a damp cloth because dust can scratch wood surfaces, Forte said. She suggests spraying a microfibre cloth with furniture polish.

Tile

Spray a foaming bathroom cleaner on tiled surfaces and leave it on for a few minutes. Remove the cleaner with a clean rag or sponge. If the grout has mildew, use a product designed to remove it. It may take several applications and a lot of scrubbing with a grout brush.

THE ASSOCIATED PRESS

Clean sheen

- **Clean dry to wet.** Always sweep a floor before mopping. Wetting dirt will make it harder to remove.
- **More is not always better.** Follow the labels on cleaning products to avoid using too much. Residue from cleaning products can attract more dirt.
- **When trying to remove a spot or clean a dirty area,** start wiping or scrubbing gently. Too much pressure can damage the surface under the dirt.
- **Get extra life out of a clean cloth** by folding it in quar-

ters. When one side becomes dirty, refold the cloth to reveal a clean side.

- **Purchase doormats** for the interior and exterior of your home. The mats will collect and absorb dirt and prevent it from being spread indoors.

- **Cleaning equipment** should be washed regularly. Put sponges in the dishwasher or microwave to sterilize. Wash microfibre rags in hot water without fabric softener. Clean brooms and scrub brushes in soapy water or hydrogen peroxide.

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DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONews.CA



This traditional Irish stew, packed with potatoes and lamb, gets thrown into the slow cooker for easy preparation.

Look for cheaper cuts of lamb for stews like shanks and shoulder or leg chops that are meaty as well as very flavourful.

Preparation:

- 1 Sprinkle both sides of lamb chops with half of the salt and pepper. Brown lamb all over, in batches, in skillet over medium high heat. Place in slow cooker. Add water to skillet and bring to boil scraping up brown bits. Pour liquid into slow cooker.
- 2 Return skillet to medium heat and cook onions, carrots, parsley, thyme and remaining salt and pepper for about 8 minutes or until beginning to turn golden. Scrape into slow cooker. Add stock and potatoes. Cover and cook on Low for 8 hours or until lamb is tender and easily pulled from the bone.
- 3 In bowl, mash together butter and flour until combined. Uncover

Ingredients:

- 3 lbs (1.5 kg) lamb leg or shoulder chops or lamb shanks
- 1 tsp (5 mL) salt
- 1/2 tsp (2 mL) pepper
- 1/2 cup (125 mL) water
- 3 onions, chopped
- 2 large carrots, chopped

- 2 tbsp (25 mL) chopped fresh Italian parsley
- 1 tbsp (15 mL) dry thyme pr savory
- 2 cups (500 mL) beef or chicken stock
- 2 1/2 lbs (1.25 kg) Ontario potatoes, peeled and cubed
- 2 tbsp (25 mL) butter
- 2 tbsp (25 mL) all purpose flour

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cooker; stir butter mixture into stew and cook on high for 20 minutes.

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EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE ON EMILY, VISIT EMILYRICHARDSCOOKS.CA



► Lamb and potatoes are the stars of this Irish stew.

Corned Beef & Potato Pancakes



► Make 16 potato pancakes with this recipe.

When the people of Dublin, Ireland elected their first Jewish mayor, Robert Briscoe in 1956, baseball legend Yogi Berra allegedly exclaimed, "Only in America!"

This St. Patrick's Day recipe for corned beef and potato pancakes with pickled cabbage creme fraiche was created in that same spirit.

Potato latkes, traditionally served at Hanukkah, are the inspiration for these crispy potato and onion patties.

But in this version, flavourful shreds of corned beef along with a pickled cabbage topping are added as a tribute to Ireland.

Be sure to use pre-shredded hash brown potatoes, which can be found in either the produce or dairy section of most grocers.

These are much drier than freshly grated potatoes and will ensure crispy results that hold together well in the frying pan.

If you can't find those, you can peel and shred your own russets.

But before cooking them, roll the shreds up in a clean dish towel, then squeeze out as much moisture as possible.

Preparation:

- 1 In a medium bowl, stir together pickled or sweet and sour cabbage and creme fraiche. Transfer to serving bowl and set aside.
- 2 In a small bowl, whisk together flour, salt, pepper and baking powder. Set aside.
- 3 In a large bowl, combine potatoes, onion, corned beef, egg whites and reserved flour mix. Mix well to make a batter that is loose but holds together well, adding flour if necessary.
- 4 In a skillet over medium-high, heat 1 cm (1/2 inch) of oil.
- 5 Working in batches and using about 50 ml (1/4 cup) of batter per pancake, drop into oil, leaving several centimetres between pancakes. Flatten slightly with the back of spatula. Fry, turning once, until browned, 2 to 3 minutes per side. Remove to a paper-towel lined platter. Serve immediately with pickled cabbage creme fraiche.

THE ASSOCIATED PRESS

Ingredients:

- 250 ml (1 cup) pickled or sweet and sour red cabbage
- 125 ml (1/2 cup) creme fraiche or sour cream
- 125 ml (1/2 cup) all-purpose flour (approx.)
- 5 ml (1 tsp) kosher salt
- 5 ml (1 tsp) ground black pepper

- 1 ml (1/4 tsp) baking powder
- 1 l (4 cups) fresh shredded potatoes or thawed frozen shredded potatoes
- 250 ml (1 cup) finely chopped sweet onion
- 150 g (1/3 lb) thinly sliced corned beef
- 3 egg whites, whisked until frothy
- Peanut or vegetable oil, for frying

4
sports

Oilers preview

Coyotes at
Oilers, 7 p.m.
TV: SNET-W
Radio: 630 CHED



Phoenix (37-23-11) has won three straight. The Coyotes have also earned at least one point in five consecutive games. They have also won their last two games when visiting Rexall Place.



Edmonton (23-38-9) is essentially playing the spoiler now. Not only are the Oilers last overall in the NHL, but they're the only team in the league to mathematically be eliminated from playoff contention.

THE CANADIAN PRESS

Big league adjustment

► Young Jays pitcher Drabek still getting used to the pressures of the majors ► Cooper, Encarnacion hit homers as Jays beat Pirates



► Kyle Drabek throws during a spring training game against the Pittsburgh Pirates yesterday.

Toronto Blue Jays right-hander Kyle Drabek has the stuff to pitch in the majors. It's his demeanour that needs fine-tuning.

"One of the main things I'm working on in spring training is trying to stay calm on the mound and not show anything to the hitters," Drabek said yesterday after Toronto beat the Pittsburgh Pirates 5-3.

"I'm real competitive. When I was younger, it showed on the mound. People were saying I needed to slow down a little bit. Even my dad told me that. It's something that's got to happen."

5	3
BLUE JAYS	PIRATES

Drabek's father, Doug Drabek, was the National League Cy Young winner in 1990 while pitching for the Pirates.

"I talk to my dad a lot, especially after every game," Drabek said. "He'll either get (the game) info from my mom or see it on the computer, then call me and we'll talk about

what went on in the game."

The 23-year-old Drabek pitched five innings and gave up two runs on seven hits. He walked one and struck out two.

Neil Walker hit a solo homer off Drabek in the first inning. Garrett Jones had a two-out, RBI single in the fourth.

"My arm has felt great this spring," Drabek said. "It's a success so far."

"Hopefully, it continues."

Drabek, a former first-round draft pick, made his big league debut last season. In three starts, he

went 0-3 with a 4.76 ERA. This spring, he is in good position to lock up a spot in Toronto's young, revamped starting rotation.

"I knew what I was coming into," Drabek said. "When I got out there, it's just me and the catcher. It's baseball. That's what I try to think about, no off-field things or anything like that when I'm on the mound."

Pirates starter Paul Maholm worked five innings and allowed four runs on five hits. The left-hander walked two and struck out three.

THE ASSOCIATED PRESS

NHL GMs look at expanding video review

After dedicating two days to making the game safer to play, the NHL's general managers wrapped up their annual meetings in Florida by discussing how to get more calls right on the ice.

The most interesting item to come from yesterday's session was a request from hockey operations to start using video review to look at four-minute high-sticking calls. It garnered some support among the GMs and will be examined again when they meet during the Stanley Cup final in June.

Double minors for high-sticking are assessed when a player is cut by an opponent's stick — something that isn't always easily detected in real time.

"We've had situations where on video review it's the other player's stick and it's a hard call on the ice," said Colin Campbell, the NHL's senior vice-president and director of hockey operations.

"We said we can live with it for 82 games, but in the playoffs that's a pretty big turnaround if you get the wrong call. The referees have supported us on that, they would like some help on that."

"That's our plea in hockey operations."

It appears the biggest issue to be worked out is whether a video review would be triggered by referees, a coach's challenge or automatically with every double minor for high-sticking assessed.

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NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	69	43	19	4	3	222	184	92	21-10-2-2	22-9-2-1	4-4-2-0	W1
d-Washington	72	41	21	5	5	195	176	92	22-8-2-5	19-13-3-0	9-1-0-0	L1
d-Boston	69	39	21	4	5	208	166	87	16-12-3-2	23-9-1-3	6-3-1-0	W1
Pittsburgh	71	41	22	5	3	206	172	90	22-12-2-0	19-10-3-3	5-2-3-0	W2
Tampa Bay	70	39	22	4	5	210	211	87	22-9-1-4	17-13-3-1	4-4-1-1	W1
Montreal	70	38	25	4	3	186	176	83	21-9-3-3	17-16-1-0	7-3-0-0	L1
NY Rangers	71	37	30	2	2	204	174	78	16-17-1-2	21-13-1-0	6-4-0-0	W2
Buffalo	70	34	28	7	1	203	202	76	15-16-2-1	19-12-5-0	5-3-1-1	L1
Carolina	71	32	29	5	5	198	212	74	18-12-2-2	14-17-3-3	2-7-1-0	L1
Toronto	71	31	30	5	5	187	219	72	16-14-3-4	15-16-2-1	4-3-2-1	W1
New Jersey	69	33	32	3	1	150	176	70	17-14-2-1	16-18-0-1	8-2-0-0	W5
Atlanta	70	29	35	7	1	196	226	70	14-14-2-5	15-15-3-2	4-4-1-1	L1
Florida	70	28	33	5	4	175	194	65	14-15-3-3	14-18-0-1	3-5-2-0	L1
NY Islanders	71	27	33	6	5	197	226	65	16-15-1-4	11-18-5-1	4-2-3-1	L2
Ottawa	70	25	36	5	4	158	220	59	11-19-2-3	14-17-3-1	5-5-0-0	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	71	46	16	4	5	233	167	101	24-7-1-4	22-9-2-1	8-2-0-0	W6
d-Detroit	70	42	20	5	3	230	201	92	19-11-3-2	23-9-2-1	5-3-1-1	W3
d-San Jose	71	40	23	4	4	203	186	88	18-11-2-3	22-12-2-1	5-3-0-2	W1
Los Angeles	70	40	25	3	2	196	170	85	20-11-2-0	20-14-1-2	7-2-1-0	W4
Phoenix	71	37	23	7	5	206	205	85	17-11-4-2	20-12-3-2	4-4-1-1	W5
Chicago	70	33	32	3	1	150	176	70	17-14-2-1	16-18-0-1	8-2-0-0	W1
Dallas	70	27	35	3	5	196	199	82	19-11-2-4	18-14-1-1	5-3-2-0	L2
Calgary	72	36	27	3	6	217	207	81	21-12-1-3	15-15-2-3	5-4-0-1	L3
Nashville	70	35	25	6	4	179	165	80	17-8-4-3	18-18-1-1	4-4-1-1	L1
Anaheim	69	37	27	3	2	195	202	79	21-12-1-1	16-15-2-1	5-4-1-0	L1
Minnesota	70	35	28	2	5	178	188	77	17-13-1-3	18-15-1-2	3-6-1-0	L3
Columbus	69	32	27	4	6	190	209	74	16-14-1-3	16-13-3-3	2-4-1-3	L1
St. Louis	69	31	29	4	5	193	207	71	20-12-1-3	11-17-3-2	4-6-0-1	L3
Colorado	68	26	34	7	1	191	239	60	14-17-4-0	12-17-3-1	0-8-1-1	L8
Edmonton	70	23	38	2	7	172	231	55	12-19-1-3	11-19-2-3	4-5-1-0	L4

d = division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Tonight's results

Toronto 3 Carolina 1
Detroit 3 Washington 2
Colorado at Vancouver
St. Louis at Anaheim
Tuesday's results
Pittsburgh 5 Ottawa 1
Washington 4 Montreal 2
Phoenix 4 Calgary 3
Carolina 1 Buffalo 0
New Jersey 4 Atlanta 2
N.Y. Rangers 6 N.Y. Islanders 3
Boston 3 Columbus 2 (SO)
Philadelphia 3 Florida 2
Los Angeles 4 Nashville 2
San Jose 6 Dallas 3
Tonight's games

All times Eastern

Philadelphia at Atlanta, 7 p.m.
Detroit at Columbus, 7 p.m.
Tampa Bay at Montreal, 7:30 p.m.
New Jersey at Ottawa, 7:30 p.m.
Toronto at Florida, 7:30 p.m.
Boston at Nashville, 8 p.m.
Chicago at Dallas, 8:30 p.m.
Colorado at Calgary, 9 p.m.
Phoenix at Edmonton, 9 p.m.
St. Louis at Los Angeles, 10:30 p.m.
Minnesota at San Jose, 10:30 p.m.
Tomorrow's games
Washington at New Jersey, 7 p.m.
Montreal at N.Y. Rangers, 7 p.m.
N.Y. Islanders at Carolina, 7 p.m.
Phoenix at Vancouver, 10 p.m.

MAPLE LEAFS 3, HURRICANES 1

First Period
1. Carolina, LaRose 13 (Bra-Sutter, Gleason) 12:24 (pp)
2. Toronto, Phaneuf 6 (Brent, MacArthur) 19:01 (pp)
Penalties — Crabtree (elbowing) 3:06, Boyce Tor (hooking) 11:43, Allen Car (elbowing) 18:40.
Second Period
3. Toronto, Phaneuf 7 (Kessel) 10:51 (pp)
4. Toronto, Bozak 12 (Boyce, Phaneuf) 11:03
Penalties — LaRose Car (delay of game) 0:33, Bra-Sutter Car (hooking) 10:45, Brent Tor (interference) 14:54, Schenn Tor (hooking) 17:04.
Third Period — No Scoring.
Penalty — Boyce Tor (roughing) 1:31.
Shots
Toronto 6 9 4 -19
Carolina 12 10 15 -37
Goal — Toronto: Reimer (W,14-7-4); Carolina: Ward (L,29-24-9). Power plays (goals-chances) — Toronto: 2-3; Carolina: 1-5.
Referees — Tom Kowal, Francois St. Laurent.
Linesmen — Steve Barton, Darren Gibbs.
Att. — 15,220 (18,680) at Toronto.

PENGUINS 5, SENATORS 1

First Period
1. Pittsburgh, Kennedy 16 (Martin, Kunitz) 9:14
Penalties — Smith Ott (goaltender interference) 1:55, Lovejoy Pgh (hooking) 13:45, Engelland Pgh, Neil Ott (fighting) 16:40, Greening Ott (interference) 19:19.
Second Period
2. Pittsburgh, Staal 9 (Kennedy, Kunitz) 1:21
3. Ottawa, Shannon 7 (Foligno) 2:08 (pp)
4. Pittsburgh, Lovejoy 2 (Staal, Kunitz) 3:05
5. Pittsburgh, Cooke 12 (Jeffrey, Martin) 7:35
Penalties — Michalek Pgh (tripping) 2:02, Cooke Pgh (tripping) 10:25, Karlsson Ott (hooking) 11:30, Smith Ott (high-sticking) 12:13.
Third Period
6. Pittsburgh, Michalek 3 (Jeffrey, Kovalev) 8:47

Penalties — Klesla Pgh (roughing), Bouma Cal (high-sticking) 7:25, Ebbett Pgh (holding) 19:09.
Third Period
4. Phoenix, Yandle 11 (Vrbata, Ebbett) 1:53
5. Phoenix, Rozsival 5 (Fiddler) 2:12
6. Calgary, Backlund 9 (Giordano, Igilina) 3:09 (pp)
7. Calgary, Tanguay 19 (Bourque, Bouvmeester) 9:28
Penalty — Korpiakski Pgh (high-sticking) 3:04.
Shots
Phoenix 11 6 8 -25
Calgary 8 11 8 -27
Goal — Phoenix: Bryzgalov (W,31-17-8); Calgary: Kiprusoff (L,21-12-4). Power plays (goals-chances) — Phoenix: 0-1; Calgary: 1-2.
Referees — Dennis LaRue, Stephen Walkom.
Linesmen — Don Henderson, Brian Murphy.
Att. — 19,289 (19,289) at Calgary.

CRICKET

WORLD CUP

GROUP A

	MP	W	T	L	NR	Pt
x-Australia	5	4	0	0	1	9
x-New Zealand	5	4	0	1	0	8
x-Pakistan	5	4	0	1	0	8
x-Sri Lanka	5	3	0	1	1	7
Zimbabwe	5	1	0	4	0	2
Kenya	5	0	0	5	0	0
Canada	6	1	0	5	0	2

GROUP B

	MP	W	T	L	NR	Pt
x-South Africa	5	4	0	1	0	8
India	5	3	1	1	0	7
West Indies	4	3	0	1	0	6
Bangladesh	5	3	0	2	0	6
England	5	2	1	2	0	5
Ireland	5	1	0	4	0	2
Netherlands	5	0	0	5	0	0

x = clinched berth in quarter-finals.
Yesterday's result
At Bangalore, India
Australia (212 from three wickets) def. Canada (211, all out) by seven wickets.
Today's match
At Chennai, India
England vs. West Indies

MLB

SPRING TRAINING

Yesterday's results
Toronto 5 Pittsburgh 3
Atlanta 4 Boston 3
Minnesota 4 N.Y. Mets 3
Houston 8 Washington 7
St. Louis 9 Detroit 4
Tampa Bay 6 Florida 3
San Francisco 5 Chicago White Sox 3
L.A. Angels 10 Arizona 8
N.Y. Yankees 10 Baltimore 0
Colorado at Texas
Kansas City at Cincinnati
Milwaukee at Seattle
Today's games
All times Eastern
Toronto at Phila. (Clearwater, Fla.), 1:05 p.m.
NYM at Boston (Fort Myers, Fla.), 1:05 p.m.
Baltimore at Pitts. (Bradenton, Fla.), 1:05 p.m.
Minnesota at Det. (Lakeland, Fla.), 1:05 p.m.
Florida at St. Louis (Jupiter, Fla.), 1:05 p.m.
Cleve. at Cincinnati (Goodyear, Ariz.), 4:05 p.m.
CWS (ss) at Milwaukee (Phoenix), 4:05 p.m.
Chicago Cubs at Oakland (Phoenix), 4:05 p.m.
Arizona at LAD (Glendale, Ariz.), 4:05 p.m.
CWS (ss) at Colorado (Scottsdale, Ariz.), 4:10 p.m.
Wash. at Atlanta (Kissimmee, Fla.), 6:05 p.m.
Tampa Bay at NY (Tampa, Fla.), 7:05 p.m.
Seattle at K.C. (Surprise, Ariz.), 9:05 p.m.
Texas at San Diego (Peoria, Ariz.), 10:05 p.m.
LAA at San Fran. (Scottsdale, Ariz.), 10:05 p.m.

BASKETBALL

d = division leader; x = clinched playoff berth; y = clinched division.

NCAA MEN'S TOURNAMENT

All times Eastern
First round
Last night's results
Detroit 107 Toronto 93
Denver 102 Atlanta 87
Boston 92 Indiana 80
Orlando 93 Milwaukee 89, OT
New Orleans 100 Phoenix 95
Oklahoma City 96 Miami 85
Houston 94 Charlotte 78
Utah 119 Minnesota 104
Cleveland at Sacramento
Dallas at Golden State
Philadelphia at L.A. Clippers
Tuesday's results
Atlanta 110 Milwaukee 85
Indiana 119 New York 117
Chicago 98 Washington 79
Portland 104 Dallas 101
Tonight's games
All times Eastern
Chicago at New Jersey, 7 p.m.
Memphis at New York, 7:30 p.m.
Cleveland at Portland, 10 p.m.

SKIING

WORLD CUP

At Stockholm
MEN'S CROSS-COUNTRY
One-kilometre classical-style sprint
1. Emil Joansson, Sweden, 580 points; 2. Ola Vigen Hattestad, Norway, 407; 3. Jesper Modin, Sweden, 300
Overall World Cup Standings
(after 27 of 31 events)
1. Dario Cologna, Switzerland, 1,367 points; 2. Petter Northug, Norway, 894; 3. Daniel Rickardsson, Sweden, 829; 8. Devon Karshaw, Sudbury, Ont., 576; 10. Alex Harvey, St-Fermeo-les-Neiges, Que., 460.
WOMEN'S CROSS-COUNTRY
One-kilometre classical-style sprint
1. Petra Majdic, Slovenia, 228; 2. Marit Bjorger, Norway, 28 seconds behind; 3. Maiken Caspersen Falla, Norway, 4.0
World Cup Sprint Standings
(final after 11 races)
1. Petra Majdic, Slovenia, 480 pts; 2. Arianna Follis, Ita., 434; 3. Kikkan Randall, U.S., 427
Overall World Cup Standings
(after 27 of 31 events)
1. Justyna Kowalczyk, Poland, 1,789 points

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
x-Boston	48	18	.727	—
y-Chicago	48	18	.727	—
x-Miami	46	22	.676	3
x-Orlando	43	26	.623	6 1/2
Atlanta	39	29	.574	10
New York	34	32	.515	14
Philadelphia	34	33	.507	14 1/2
Indiana	29	39	.426	20
Charlotte	28	39	.418	20 1/2
Milwaukee	26	41	.388	22 1/2
Detroit	24	44	.353	25
New Jersey	22	43	.338	25 1/2
Toronto	18	49	.269	30 1/2
Washington	16	50	.242	32
Cleveland	12	53	.185	35 1/2

WESTERN CONFERENCE

	W	L	Pct	GB
x-San Antonio	54	13	.806	—
d-L.A. Lakers	48	20	.706	6 1/2
Dallas	47	20	.701	7
d-Oklahoma City	44	23	.657	10
Denver	41	27	.603	13 1/2
New Orleans	40	30	.571	15 1/2
Portland	38	29	.567	16
Memphis	37	31	.544	17 1/2
Utah	36	33	.522	19
Houston	35	34	.507	20
Phoenix	33	33	.500	20 1/2
Golden State	30	37	.448	24
L.A. Clippers	26	42	.382	28 1/2
Minnesota	17	52	.246	38
Sacramento	16	49	.246	37

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Houston 94 Charlotte 78
Utah 119 Minnesota 104
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SKIING

WORLD CUP

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Overall World Cup Standings
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1. Justyna Kowalczyk, Poland, 1,789 points

TENNIS

ATP-WTA BNP PARIBAS OPEN

At Indian Wells, Calif.
Yesterday's results
Men's Singles — Fourth Round
Novak Djokovic (3), Serbia, def. Viktor Troicki (16), Serbia, 6-0, 6-1.
Juan Martin del Potro, Argentina, def. Philipp Kohlschreiber (32), Germany, 7-6 (3), 7-6 (7).
Richard Gasquet (18), France, def. Andy Roddick (8), U.S., 6-3, 7-6 (5).
Tommy Robredo (25), Spain, def. Sam Querrey (21), U.S., 6-1, 6-3.
Stanislav Wawrinka (12), Switz., def. Tomas Berdych (7), Czech Republic, 3-6, 6-4, 6-4.
Ivo Karlovic, Croatia, def. Albert Montanes (23), Spain, 7-6 (7), 6-2.

Women's Singles — Quarter-finals

Marion Bartoli (15), France, def. Ana Ivanovic (19), Serbia, 6-4, 7-6 (4).
Women's Doubles — Quarter-finals
Daniela Hantuchova, Slovakia, and Agnieszka Radwanska, Poland, def. Vania King, U.S., and Yaroslava Shvedova (4), Kazakhstan, 6-1, 6-0.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Chicago	0	0	0	0	0	0	0
Columbus	0	0	0	0	0	0	0
D.C. United	0	0	0	0	0	0	0
Houston	0	0	0	0	0	0	0
Kansas City	0	0	0	0	0	0	0
New England	0	0	0	0	0	0	0
New York	0	0	0	0	0	0	0
Philadelphia	0	0	0	0	0	0	0
Toronto	0	0	0	0	0	0	0

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Los Angeles	1	1	0	0	1	0	3
Vancouver	0	0	0	0	0	0	0
San Jose	0	0	0	0	0	0	0
Real Salt Lake	0	0	0	0	0	0	0
Portland	0	0	0	0	0	0	0
Dallas	0	0	0	0	0	0	0
Colorado	0	0	0	0	0	0	0
Chivas USA	0	0	0	0	0	0	0
Seattle	1	0	1	0	1	1	0

NOTE: Three points for victory, one pt. for tie.

Tuesday's result

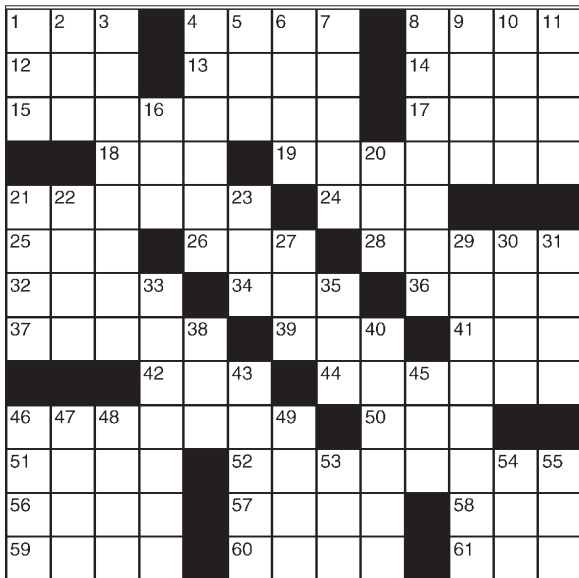
Crossword

Across

1 Existed
4 Homeless child
8 "That was close!"
12 Candle count
13 Frizzy haired
14 Frost
15 Affectionate
17 Satan's specialty
18 Illustrations
19 Corrupt
21 Savings overseer
24 — generis
25 Trench
26 Flop
28 New York town named for a former senator
32 Saharan
34 Unruly crowd
36 "— Only Just Begun"
37 Mother-of-pearl
39 Bankroll
41 Lair
42 Eggs
44 Slow down
46 Caruba plant
50 Opposed to
51 "Sesame Street" favorite
52 Huge
56 Suitor
57 West Point team
58 Gilbert & Sullivan princess
59 Unsurpassable
60 Chows down
61 Police officer

Down

1 Kids' card games
2 Past
3 Relating to mean-

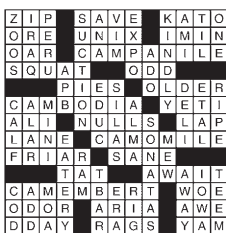


ings of words
4 Desired
5 Sternward
6 Rainbow
7 Concentrate (on)
8 Early show
9 Apiary structure
10 Eastern potentate
11 Reminder of a whipping
16 Noah's craft
20 Crony
21 Cereal choice
22 Emanation
23 Pirates' quaff
27 Part of DJIA

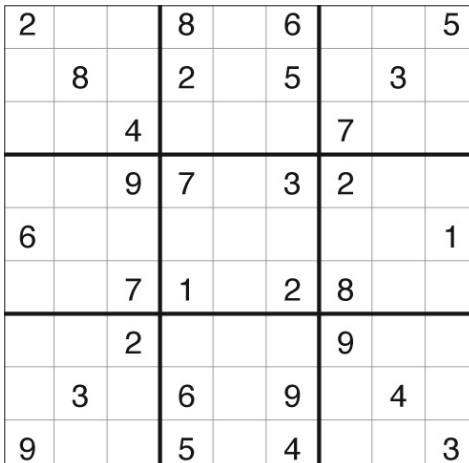
29 Showing off one's learning
30 Always
31 Make one's way
33 GED candidate
35 Prevent
38 Actress Longoria
40 Rots
43 Aquarium buildup
45 Heavy weight
46 Jimmy who wrote "MacArthur Park"
47 Sheltered
48 Yuletide
49 Actress Sorvino
53 Prime meridian hrs.

54 Altar affirmative
55 Upper limit

Weekend's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Weekend's answer

2	9	5	4	1	7	8	3	6
7	6	1	2	3	8	4	5	9
8	3	4	5	6	9	1	2	7
1	8	6	9	5	4	3	7	2
9	4	2	6	7	3	5	1	8
3	5	7	8	2	1	6	9	4
4	1	3	7	8	2	9	6	5
5	7	8	1	9	6	2	4	3
6	2	9	3	4	5	7	8	1

A look at the weather

TODAY
Min -6°
Max 2°

FRIDAY
Min -6°
Max 3°

SATURDAY
Min -8°
Max 2°

Michele McDougall
Weather Specialist

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 6AM



Today's horoscope

♈ Aries March 21-April 20 You are ready and willing to start something new and exciting. But be advised that if you go off too soon, your efforts may fall short of expectations.

♉ Taurus April 21-May 21 This should be a fun day for you, even though you have a lot of work on your plate. If you've fallen behind in your schedule get your friends to help you out — they'll gladly do so if asked. Then go and have fun.

♊ Gemini May 22-June 21 There is still time to make a good impression on someone in a position of authority. Remember: You may know what you are capable of but that does not mean that he or she will know. Speak up.

♋ Cancer June 22-July 22 Constant changes make it hard for you to plan too far ahead but in a way that's good because you will achieve more if you react to events rather than try to initiate them. Conserve your energy — you'll need it!

♌ Leo July 23-Aug. 23 If there is something you need to say that may not be pleasant, either for you or other people, get it over with. Once the Sun changes signs this weekend, you'll have more important things on your mind.

♍ Virgo Aug. 24-Sept. 22 It might be wise to steer clear of areas where you are not too sure of your ground. If you cannot avoid them, make sure you know where the exits are.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♎ Libra Sept. 23-Oct. 23 You like to pretend that your emotions are under complete control but it isn't true. Someone will try to upset you today but they will only succeed if you are not aware of what they are up to.

♏ Scorpio Oct. 24-Nov. 22 Cosmic activity in the work and well-being area of your chart will make this an interesting day, but everything will be OK if you stay calm and don't let anything upset your balance.

♐ Sagittarius Nov. 23-Dec. 21 Go all out to prove that you have what it takes to succeed on the work front, but don't neglect affairs of the heart. Love can be just as rewarding as doing well professionally and financially.

♑ Capricorn Dec. 22-Jan. 20 This should be a productive time for you, but for best results you must work as part of a team. Others may not be as committed or as ambitious as you but you still need them.

♒ Aquarius Jan. 21-Feb. 18 From Sunday, life will become much more hectic, so it might be wise to conserve your energy over the next two or three days. Get plenty of rest and don't concern yourself too much with people's problems.

♓ Pisces Feb. 19-March 20 You have nothing to prove. Once you accept that, you'll find it easier to do what you want to do rather than what others want you to do. Learn to say, 'No.' **SALLY BROMPTON**

Caption contest



"My hairpiece brings all the birds to the yard, damn right it's better than yours."

VANESSA LAH

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



RTWARS.ca

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